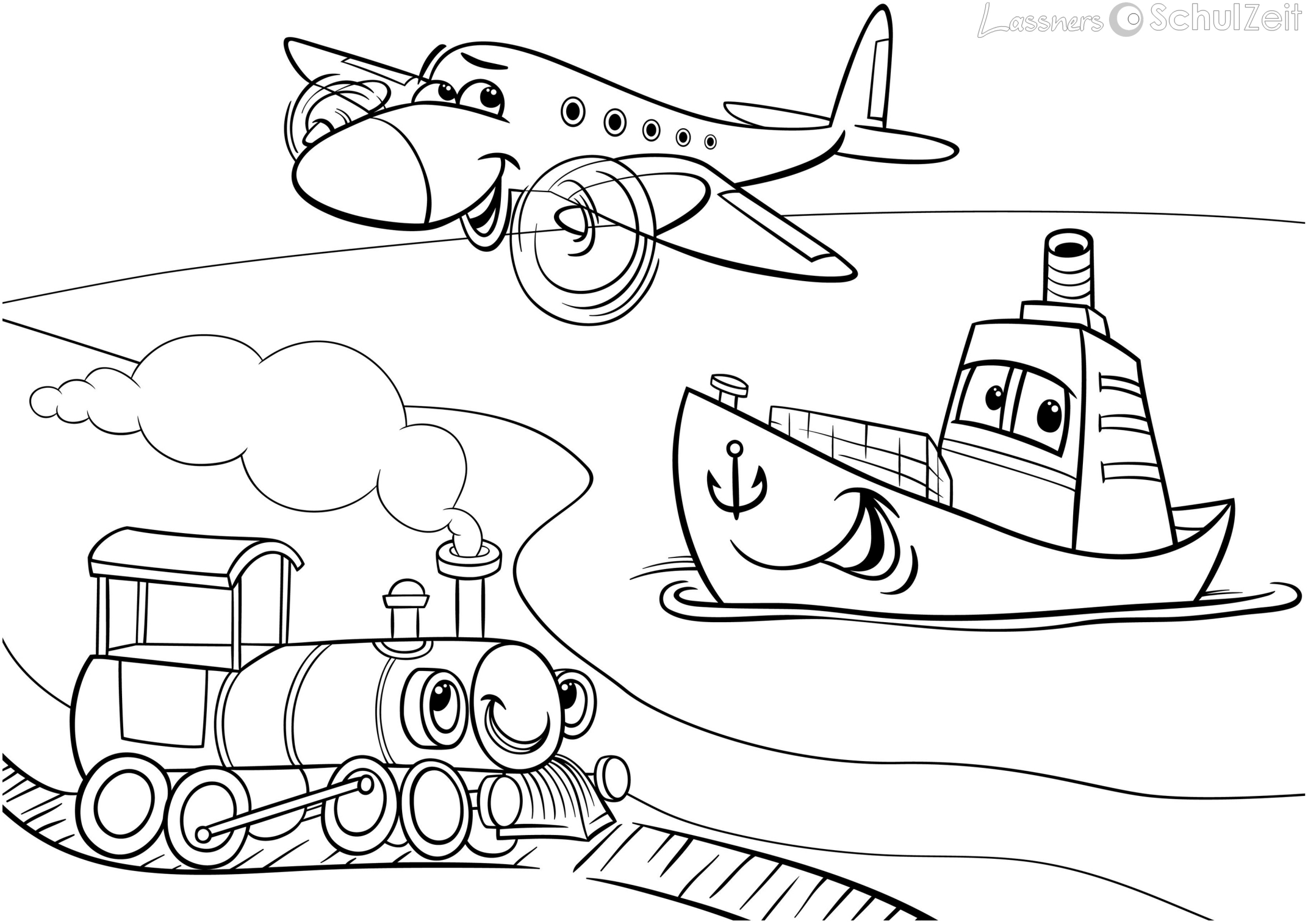Lassners SchulZeit